



Safety Gram

Protecting Resources Through Better Risk Management

Safety Division's Monthly *Safety Gram* is provided to senior leaders to maintain awareness of mishap trends that directly affect the operational readiness of the Corps. This information should also be disseminated at every level of your command to assist high-risk Marines and Sailors in understanding the impact of the decisions they make every day both on and off-duty.

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June 2015: Mishap Summary

The Mishaps below occurred throughout the USMC from 1 June to 30 June 2015, causing serious injury or death to Marines, and/or damage to equipment.

26 June 2015. SNM was involved in a motorcycle accident and was declared deceased at the scene by EMS.

26 June 2015. While on liberty, SNM was struck and killed by a vehicle after exiting another vehicle. SNM was declared deceased on the scene. Local police are investigating the incident.



Substance Abuse Prevention and Treatment

Success can mean different things to different people. As Marines we strive for excellence. It's easy for substance misuse and/or abuse to get in the way and prevent us from fulfilling our potential.

Don't let substance misuse and/or abuse derail your success. If you have questions or need support for yourself or a loved one, contact your installation Substance Abuse Counseling Center (SACC). The SACC offers trained professionals who specialize in aiding both the command and the individual to maintain healthy relationships without the use of illicit drugs and/or the misuse and abuse of alcohol.

Most installations offer a SACC with a host of programs involving substance abuse awareness, prevention, and treatment. These services include screenings, assessments, outreach, and education, through a variety of formats at the varying offices.

For more information on SACC programs and the importance of substance abuse prevention and treatment within the military, refer to the following military directives: SECNAVINST 5300.28C, OPNAVINST 5350.4D, and MCO 5300.17.



Tips for a Safe and Healthy Summer

With a good portion of the summer remaining, CMC(SD) echoes the sentiments of the Navy and Marine Corps Public Health Center, who featured the below article previously via Navy Medicine Live.

Gerald Hopple, Safety Manager & CMDR Connie Scott, Department Head, Navy and Marine Corps Public Health Center

Summer is finally here. The days are longer, the sun is brighter, and the air is warmer. It's time to head to the beach or the backyard for well-deserved relaxation with family and friends.

Just remember to keep safety in mind as you fire up the grill or jump in the pool. Fun summer activities can put you at risk for accidents that have potentially serious consequences. During the summer of 2014, 64 service members lost their lives due to accidents.¹ Of those service members, 13 Sailors and nine Marines died between Memorial Day and Labor Day in accidents involving motor vehicles or recreational activities.²

Don't be a statistic this summer! Think safety first and check out the Navy and Marine Corps Public Health Center (NMCPHC) Health Promotion and Wellness (HPW) Department's Summer Safety toolbox (<http://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/hp-toolbox-june.aspx>). There you'll find posters, fact sheets, and guides on everything from water safety to food safety.

In particular, the Summer Safety Fact Sheets Series (http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/summer_safety/) provides evidenced-based guidance for enjoying an injury-free summer. The series features 13 fact sheets that focus on a variety of safety topics. Each fact sheet identifies the risks associated with the activity and offers practical injury prevention tips. By engaging in simple risk management, you can help keep you and your family safe this summer. We've highlighted a few fact sheets here, but be sure to check out the entire series for information on other summer safety topics:

- Amusement/Theme Park Safety
- Canoeing/Kayak Safety
- Child Safety at Home
- Dog Bite Prevention
- Drowsy Driving Prevention
- Food and Picnic Safety
- Grilling, Fireworks, and Fire Safety
- Heat/Sun Injury and Hydration
- Insects and Bugs
- Lightning and Storm Safety
- Mold and Moisture Prevention
- Snake Bite Prevention
- Texting and Driving
- Yard and Garden Safety

The Summer Safety toolbox is just one example of what the Health Promotion (HP) toolbox has to offer. The HP toolbox is a monthly calendar of health observances and supporting materials that promote health and wellness. It provides health promotion coordinators and health information disseminators with tips and resources to help reduce the risk of chronic disease, enhance peak performance, and promote overall well-being among Sailors, Marines, beneficiaries, retirees, and DoD civilians.

Take a moment to explore the health observance for each month. You may have noticed in July that HPW focused on fruits and vegetables. They offer tips on how to incorporate more fruits and vegetables into your daily diet, how to eat healthy on a budget, and more. Feel free to download and reproduce any of the materials for your own use. Remember to check back often for new resources to help keep you and your family safe and healthy throughout the year.

In addition to the resources offered through the NMCPHC and HPW, the Naval Safety Center (NSC) has a number of tools available to Sailors and Marines. Particularly, the NSC offers a Summer 2015 presentation on prior summertime mishap statistics, common mistakes that compound these hazards, and solutions and suggestions which should aid in preventing additional instances. This content can be found at: <http://www.public.navy.mil/comnavsafecen/Pages/presentations/index.aspx>.

¹ Defense Secretary Ashton Carter. Are You Ready for the "Critical Days of Summer"? [Memorandum]. Washington, DC: Department of Defense.

² Naval Safety Center. Summer 2014 Off-Duty Fatalities. <http://www.public.navy.mil/comnavsafecen/Documents/statistics/>





Aviation and Motor Vehicle Safety Award Recognition

Recognition for a job well-done goes a long way in terms of reinforcing exemplary performance and seeing the continuation of that standard. When Marines are asked to execute their duties in a safe and efficient manner, it goes without saying that they should be praised for their efforts. With that in mind, CMC(SD) encourages commanding officers to utilize individual awards made available for Marines who complete extended periods of safe performance.

For example, SD offers the Mishap-free Flight Time Award -- recognizing USMC air crew members who complete 1,000 hours of flight time sans mishap. Pilots, copilots, and special crew (naval flight officer/enlisted air crew) are accrue eligible hours while avoiding Class A mishaps.

Similarly, Marines and civilian employees who complete 2,500 hour increments while safely driving government motor vehicles are eligible for the Road Warrior Award. By accomplishing these milestones in government and tactical vehicles, recipients can receive recognition for their noteworthy performances.

For information on these two awards, and the various other awards offered through CMC(SD) -- visit <http://www.safety.marines.mil/About/AwardsPrograms.aspx>.

32nd Executive Force Preservation Board Results

On 23 April 2015, key USMC leadership convened at the Pentagon to participate in the 32nd Executive Force Preservation Board (EFPB), while numerous others participated via teleconference. With the Assistant Commandant of the Marine Corps, Gen Paxton and the Director of Marine Corps Staff, LtGen Laster in attendance, the EFPB commenced with the goal of reviewing and establishing appropriate force preservation policy and guidance for the Corps.

After ACMC welcomed participants and gave some opening remarks, CMC(SD) Director Col Rob Gomez provided updates on the state of Marine Corps safety. In that briefing, he reviewed USMC mishaps, the development of an online tool to exchange force preservation information amongst incoming and outgoing commands, and reviewed potential courses of action for the Safety and Force Preservation Mobile Training team initiative. Further, the EFPB members proceeded to discuss mishap/hazard reporting protocol, as well as the distribution of mishap-related data. The Tactical Safety Specialist program was also considered during this portion of the meeting.



Beyond these topics of discussion, the EFPB addressed the CY-14 suicide assessment (with note that no Marines have committed suicide under the newly-instituted Marine Intercept Program), solutions for a Force Preservation Council Tracking tool, the current state of the Marine Corps Survey program, and a number of additional force preservation items.

To read more about the results and decisions from the 32nd EFPB, see MARADMIN 313/15. The 33rd EFPB is scheduled for September 2015.

